

A4, A5, A6	Paper size
Bleeding	Ink or marker seeping through the paper
Braindump	A list or other stream of consciousness collection of all the thoughts/ideas/tasks in your brain
Brushpen	A marker that has a tip like a paintbrush
Bujo	Abbreviation of <u>B</u> ullet <u>J</u> ournal
Bullet journal	Een notitieboek waarvan jij maakt wat het voor jou moet zijn. Agenda, dagboek, to do lijst etc
Bullets	A notebook that you make what it should be for you. Calendar, diary, to do list etc
Calendex	This is a conjugated word from Calender and Index. An annual review developed by Eddy Hope
Collectie	A page about a certain subject
Commonplace book	A notebook in which knowledge used to be collected in all sorts of ways. Sayings, clippings, recipes, facts, investigations, etc.
Daily / dailies	A day overview
Dashboard	An insert, tab, cover page for a journal
Disc bound	A planner that uses plastic discs as binders
Doodle	A little drawing
Doodling	Drawing
Dot grid	Paper with dots instead of lines. Usually 5mm apart
Dutch door	Page that is cut or folded shorter than the rest of the pages
Filofax	English brand name of a diary with loose sheets and ring binder system
Flip-through	A video of browsing your journal so you can share it with your online contacts
Future log	A kind of annual calendar
Ghosting	You can see the writing on one side of the paper from the other side. It doesn't mean that the ink has actually bled through to the other side. See 'bleeding'
Gratitude	A page or list on which you write things you are thankful for
GSM	Grams per Square Meter, the weight of the paper. The higher the number, the heavier the paper
Habit tracker	A way of tracking and changing habits to achieve certain goals
Hello page	The cover page of a new month
Index	A table of contents of your bullet journal
Key	A legenda of the symbols or colours you use in your journal
Lay-out	How a page is set-up. This term is used interchangeably with 'spread'.

Lettering	Modern calligraphy or artistic way of writing
Leuchtturm1917	German trademark for, among other things, notebooks. Literal translation = lighthouse
Level 10 Life	A way of assessing how you are doing in certain areas of your life. To the book by Hal Elrod "Miracle Morning"
Migration / migrating	Migration is moving tasks / information
Monthly / monthlies	A monthly overview
Moleskine	Italian brand of notebooks
Nesting	Sub-tasks or actions related to a main task
Nuuna	German brand for notebooks
Plan-with-me	A video or blog article that takes you through a bullet journal layout.
Printable	A PDF file you can print
Rapid logging	Point to point targeted short notation of your agenda content (appointments, tasks, events etc)
Ring-bound	A way of binding. A binder with metal rings is an example of a ring-bound folder
Ryder Carrol	The creator of the Bullet Journal
Signifier	A symbol to indicate urgency to a task
Spread	Two pages next to each other. However, this term is also used for the lay-out of a page
STM	English brand for notebooks. Scribbles That Matter
Swatches	Testing pens, paint or washi tape used in your journal
Themes	Style / colour composition to decorate your journal
Threading	A cross-reference between pages. For example, a project that occurs on several pages throughout your journal
Tombow	Japanese trademark for designer writing instruments, high quality art supplies and innovative desk materials
Tombow ABT Dual Brush pen	A pen with a paint brush on one side and a fine tip on the other side
Tracker	An overview, table, chart, matrix, in which you keep track of habits
Travelers Notebook	A cover with elastic bands in it to insert multiple notebooks
TN	See Travelers Notebook
Walkthrough	A form of Plan With Me or Flip Through
Washi tape	A Japanese paper tape that has been available in all kinds of designs. It can be reused
Weekly / weeklies	A weekly overview
Year in pixels	A matrix for a year in which you keep track of how you felt on that day by using colour
Yearly log	An annual overview